



NORTH WEST
OCTOBER 5 - 6, 2013

SPECTATOR MAP



LEGEND

- Obstacle
- Course Route
- Spectator Route
- Spectator Route
- Spectator Route
- Course Direction
- Start / Finish

SUGGESTED VIEWING ROUTE

- Watch your family and friends start.
- Follow the **Yellow Route** signs to watch Glory Blades and Arctic Enema.
- Follow the **Yellow Route** back to the Base Area.
- After 40 – 60 minutes follow the **Blue Route** all the way to Electric Eel. Watch you friends complete Electric Eel, then take the **Blue Route** back to Underwater Tunnels and Walk the Plank.
- Continue through the Base Area to find the **Green Route** and follow it to see Hero Walls, Mud Mile, Funky Monkey and Island Hopping.
- Take the **Green Route** back to the Base Area and again rejoin the **Yellow Route** to watch Everest, Electroshock Therapy and the Finish Line.

AVERAGE PARTICIPANT TIMES FROM START

- Glory Blades (15 – 25 mins)
- Electric Eel (1 – 1.25 hrs)
- Hero Walls (1.25 – 1.75 hrs)
- Mud Mile (1.5 – 2 hrs)
- Everest (2 – 3 hrs)
- Finish (2 – 3 hrs)

GENERAL INFORMATION

- Spectator routes are suggested paths to follow participants
- Spectators are advised to follow the viewing routes.
- Spectators will not be able to follow someone to every obstacle (unless you like running).
- Spectators can cross the course route
- Remember to HAVE FUN!

OBSTACLE GUIDE

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|--------------------|----------------------|
| Kiss of Mud | Walk the Plank |
| Glory Blades | Hero Walls |
| Arctic Enema | Log Jammin |
| Cage Crawl | Mud Mile |
| Hold Your Wood | Funky Monkey |
| Trench Warfare | Island Hopping |
| Hero Carry | Boa Constrictor |
| Electric Eel | Everest |
| Underwater Tunnels | Electroshock Therapy |
| Course Hazard | |